

Camp is exclusively for Scripps alumnae.

Contact the Office of Alumnae Engagement with any questions at

[\[Redacted Email Address\]](#)



■ **Pre-Breakfast Coffee and Snacks** D H F F K
Courtesy of the Hospitality Committee

■ **Open Studio** D H R (A) R
There are materials galore to play with in the art room—which is available as an open studio at any time that there are not other workshops inhabiting the space—from Thursday afternoon to Sunday morning.

■ **Honoring Space** B H B R
Life, sadly, includes loss, and memories of those that have moved on can crop up at the most unexpected moments. In light of this, Campers have created a Remembering Space to acknowledge those we wish could still be here. Campers are encouraged to bring photos or objects that evoke a memory and display them in a quiet space. Please feel free to honor Campers who have passed, classmates, professors, family, or a beloved pet. All are welcome.

■ **Found Poetry**

In acknowledgement of one delicious aspect of Camp—hearing evocative conversation fragments with no context. This year, we would like to encourage Campers to jot some of these smatterings down and create “Found Poetry”.

Just think, you hear:

“There’s just something about avocados…”

“It was really transcendent…”

“I nally knew this is where I want to be…”

And you’ve found a poem. In addition to collecting the fragments we are encouraging you to share them. There will be opportunities to collect and share at the Finale. Data collection sheets will be available in the Dorsey Lobby.

■ **Dragon y Exchange** D H F

If you have fabulous dragon y paraphernalia that you’re ready to pass on—jewelry, clothing, mugs… anything you’ve collected over the years—bring it with you to Camp to place on our dragon y giveaway table! And while you’re at Camp, swing by the table to pick up some new-to-you dragon y swag.

■ **Plant Cuttings Share Table** D H F

For the love of gardens, a table will be available to collect/distribute bulbs, cuttings, plants, or seeds Campers have to share. Information tags will be available to identify plant speci cs. Feel free to bring some, take some.

■ **Book Share Table** D H F

For the love of books, a table will be available to collect/distribute books from high brow to trashy novels. Feel free to bring some, take some.

■ **Camp Scripps Ra e to Fund Camperships**

Drawings will be held during Thursday and Friday dinners as well as Saturday at the Finale—see Brochure for details.

THURSDAY: JUNE 27, 2024

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■ The Legacy of Letterpress at Scripps College, Jennifer Martinez Wormser '95 D L ('20) . A F (') .)



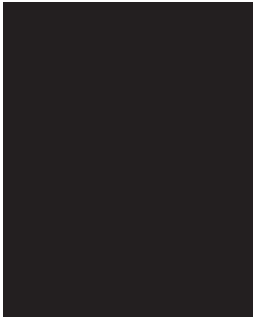
This special visit to Denison Library will provide participants with the opportunity to explore the history and use of letterpress printing techniques at Scripps College. Participants will view examples of letterpress printing and works created at the Scripps College Press, and they will also have the opportunity to produce a special Camp Scripps relief print to take home. Bring enthusiasm and curiosity!

Jennifer is the library director of the Ella Strong Denison Library at Scripps College. She learned letterpress printing while a student at Scripps under Kitty Maryatt '65 and today has two platin presses and one atbed press and lots of metal and wood type at home. She was previously the library director at the Laguna College of Art + Design and worked with manuscript and archival materials at UCLA, San Diego State University, the Huntington Library, and the Sherman Library & Gardens. In addition to her B.A. in English from Scripps College, she also has a M.L.S. degree with a concentration in archival management from the University of Maryland, College Park.

■ Soapmaking, Juanita Nash-Dahlen '72 L A B R / 203 ('18)



■ **Water Aerobics, Shari Aronson Grayson '83 S / P (60)**



Come join us in the pool for a fun, bouncy workout to music. Work at your own pace, gentle and easy for those not used to exercise, fun and energetic for those who want a good workout in the water. Classic pop hits to shake, shimmy, and bounce to, all without the heavy impact of gravity on your bones. Get your heart pumping and your energy jumping. We'll end this class with stretches for flexibility and some challenging yoga poses that are oh so easy in the water. Bring: swimsuit, towel, sunscreen

Shari is a Holistic Health Practitioner and Massage Instructor in San Diego. She has been practicing massage since 1991 and loves having the opportunity to bring greater awareness—physically, mentally, and emotionally—to people through touch and movement. She is owner of Healthy Touch Massage and Bodywork in San Diego specializing in Relaxation Massage, Injury Recovery, Pregnancy Massage and bringing Stress-Management programs for massage on-site to area companies. Having fun with exercise,



■ **Wordsworthy Women: A Scripps Salon, Deirdre Taylor Johnson '70, Emcee/Salonnière** *B H L R*



Join us for a Scripps Salon as we continue a tradition begun by women of the Enlightenment era. L'intellectualisme et la philosophie will be aided and supported by appropriate beverages and snacks. Our presenters are all women worthy of your attention.

Deirdre has always loved a good story, whether spoken, written, or sung. Not a writer herself, she is always delighted to support and showcase those who are.

Dottie Schlessor Ashley '77

Singer/Songwriter Dottie invites you to enjoy her melodic, soulful and original music. Her band Appaloosa is classified as an "Americana" group. The vibe is Folk and Country, and Appaloosa provides a soft and beautiful blend of sweet harmonies and enjoyable, easy-listening lyrics, and beautiful guitar work. She is also known for her timely and evocative "socially conscious" songs, much in the vein of Pete Seeger, Woody Guthrie, John Prine and Bob Dylan. Dottie is an entertaining storyteller and has performed on stages at festivals throughout Central Oregon and venues in the Northwest, in restaurants, bars, coffee shops, breweries, farmers markets as well as fundraisers and benefits and private events. Her

music is super family friendly, and she's been known to have a mosh pit of youngsters dancing along with the elders at many of Appaloosa's outdoor performances!

Bella Mahaya Carter '83

Bella, an award-winning author of three books (poetry, memoir, and inspirational self-help), believes in the power of stories to heal and transform lives. She's a former Lois Langland Alumna-in-Residence and RA of Grace Scripps Hall. Bella has been attending Camp since 2010. Since then, she's worked with hundreds of writers privately and in groups through her Write Where You Are online writing circles, which she's facilitated since 2008. Her most recent book is *D H H :F P M ,P , P B*. Her work appears in dozens of literary journals and anthologies. Bella's current writing project is an intergenerational memoir in flash. Visit her website at



Catherine Pyke '79

Catherine worked for thirty years in non-profits in the San Francisco Bay Area, primarily as a program officer for the Hearst Foundations and, before her retirement in 2017, as a Philanthropic Advisor for the Gladstone Institutes in Mission Bay. After Scripps, she received a Masters degree in Education from Stanford University. A writer, she finds joy in shining light on philanthropists, social activists, and community builders. She is the author of *J L S :M f d*. A native of Salt Lake City, she usually lives in Larkspur, California, but has recently moved to Santa Rosa as a full-time caregiver for her 92 year old mother, Virginia, where she and her mini-Golden Doodle, Phoebe, walk, garden, and keep an eye on the birds and squirrels frolicking in her mother's oak trees.



Robin Stroll '70

Robin retired in 2019 and is thoroughly enjoying this stage of life. She volunteers with her local Hadassah chapter, takes yoga, belongs to a book group and a movie group. The story she will share came from a guided autobiography class led by Barb Smith, '70.

9:30 – 10:30 P.M.

THURSDAY LATE NIGHT

■ **The Way We Were, Ann Merrill Westaway '69** *D H L R /*



Join us to share stories of your time at Scripps. Celebrations, Shenanigans, Trials and Tribulations. Get to know people from different eras. Copper, Bronze, Steel, Silver, Gold, and Platinum welcome. Snacks will be provided. BYOB. Bring your memories.

Ann has been to almost all Camps. She is from the class of '69 but especially loves getting to know people older and younger and is always curious about experiences from different eras at Scripps.

FRIDAY: JUNE 28, 2024

7:00 – 8:00 A.M.

FRIDAY EARLY MORNING

■ **Java Walk, Merrilee Stewart Howard '70 and Becky Judd '73** *M D H F*



Join Becky and Merrilee on an early morning walk to the Village capped with a cup of joe and your favorite treat from Some Crust Bakery. On our stroll down and back, we will pass old and new features on several Claremont Colleges campuses. You are welcome to take photos along the way. Wear a comfortable pair of walking shoes, sunglasses and sunhat. Bring your phone, water bottle and cash/credit card.

Though Becky and Merrilee live on opposite coasts, they share a love of the outdoors, pecan sticky buns, and Camp Scripps. They love to explore various routes down to the Village and back. They are happy to share their discoveries on each and every walk.

7:45 – 8:00 A.M.

FRIDAY EARLY MORNING

■ **Early Morning Meditation** *B H B R /*

A short time before breakfast to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!



8:00 – 9:00 A.M. BREAKFAST M, C, D, H

8:00 – 11:00 A.M. CHECK-IN D, H, F

9:15 – 10:15 A.M. FRIDAY MORNING

- **Painting with Tempera, Lucille Housel Burke '70** D, H, R (A) R, (24, 60)

We will be using water-based tempera paint to create one, possibly two, paintings on paper. There will be a prompt for both paintings. Lucille has taught this workshop to 5th graders, so it is not difficult. Lucille has been creating art in one form or another since she could hold a crayon. Her most common expressions are paintings, clay, or quilting. She really enjoys this workshop because using prompts gives her a path.



9:15 – 10:45 A.M. FRIDAY MORNING

- **Defending Our Democracy Toolkit, Claudia Shambaugh '77** B, H, L, R

With our shared sense of urgency about defending our fragile democracy, we will learn new opportunities for engaging others, understand our power, and build a means for holding ourselves accountable for following through after the workshop. We will have a clear idea that the dividends of engagement exceed our imagination. The scope of engagement extends from local, state, and federal campaigns. We will consider our media consumption and better understand dis/misinformation. Collective action, with our respective talents in this inter-generational effort, is still where the power is.

Claudia majored in Political Science at Scripps College and completed her Masters in Regional Planning at UNC Chapel Hill. She worked in coastal zone management in Florida and Massachusetts, and various urban open space projects in Southern California. Since her grassroots activism at the age of 15, she has done neighborhood canvassing, phone banking, and surrogate speaking in campaigns around the country. Recent work includes assisting permanent residents in the naturalization process in Orange County. Having lived in Denmark, Spain, Israel, South Africa, Northern Ireland, and all corners of the U.S., she has witnessed a multitude of political and

■ California Botanic Garden Walk , Ann Merrill Westaway '69, Regula Feldmann Campbell '69, and Donna Daves Kent '74

M D H F



1:15 – 2:45 P.M.

FRIDAY EARLY AFTERNOON

- Overcoming Bias, Beth Schreiber-Byers '98 *D H L R f*



3:00 – 3:45 P.M.

TEA J L E

- Tie One On: A Tie-Dye Workshop ('), Sharon McGunigle '84 and Carolyn Reed '84

■ **Yoga, Ginnie Palm '06** S F H (/ 20 / .)



Meridian yoga combines Daoist Meridian Theory with Yoga, aligning Prana or Qi energy pathways with yoga poses for physical, emotional, and spiritual self-healing. In a yoga class, we will utilize self-acupressure, anatomy awareness, and deep relaxation techniques for holistic body-mind-emotional care. We will move through and hold yoga poses that target releasing different muscles and emotions associated with each organ along fascial pathways. This class can be gentle to moderate, depending on the amount of energy you wish to exert while holding poses.

Ginnie has been practicing yoga since her first yoga class at Scripps College. A lifelong dancer, she is very interested in cultivating the mind-body connection and new directions of self-knowledge, especially as it relates to listening to the body and inner voice. She is certified in Progressive Ballet Technique and Franklin Method, and has completed yoga teacher trainings in anatomy, chakras, and most recently Meridian Yoga Technique.

■ **Dragon y Hats and Fascinators, Mary Munsil Waring '86** D H R (A)R / (/ 20 / .)



Participants will experiment with millinery on a dragon y theme. Mary will provide a variety of hat and fascinator bases, dragon y decorations, ribbons, feathers, etc. We'll fasten things to the hat bases with hot glue and by hand-sewing. Feel free to bring any hat-making supplies you may have, but this is not required.

Mary used to collect vintage hats, and is still a little obsessed with cool headgear.

5:45 – 6:00 P.M. FRIDAY LATE AFTERNOON

■ **Late Afternoon Meditation** B H B R /

A short time before supper to meditate in any tradition you prefer and find that oasis in time to contemplate and "be here now." Bring your whole self!



6:15 – 7:30 P.M. DINNER B G L



SATURDAY: JUNE 29, 2024

7:00 – 8:00 A.M.

SATURDAY EARLY MORNING

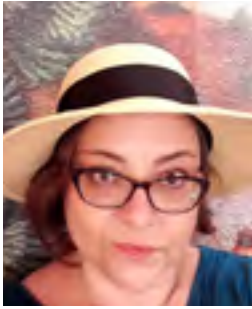
■ **Java Walk, Merrilee Stewart Howard '70 and Becky Judd '73** *M D H F*



Join Becky and Merrilee on an early morning walk to the Village capped with a cup of joe and your favorite treat from Some Crust Bakery. On our stroll down and back, we will pass old and new features on several Claremont Colleges campuses. You are welcome to take photos along the way. Wear a comfortable pair of walking shoes, sunglasses and sunhat. Bring your phone, water bottle and cash/credit card.

Though Becky and Merrilee live on opposite coasts, they share a love of the outdoors, pecan sticky buns, and Camp Scripps. They love to explore various

■ **Embroidery Ease and Dragon-y Delights, Heather Phillips '98** D H R (A)R (f15)



Discover the joy of hand embroidery with this beginner-friendly workshop! You'll learn three basic stitches—the running stitch, the back stitch, and the split stitch, plus the simple plucked knot. Then you'll use your new knowledge to craft a dragon-y-themed project. This workshop is designed to be fun and easy, making it a pain-free introduction to the art and craft of embroidery. Along with all project supplies, participants will take home a list of resources for further exploration. Join us for this simple, hands-on embroidery adventure!

Heather learned embroidery and various other crafts from her grandmother and mother, although she likes to think that her skills have improved since she was 11 years old! She greatly appreciates embroidery for its capacity to decoratively hide stains and tears on clothing. Seriously though, Heather enjoys sharing both the practical skills and the rich history of this distinctively feminine art form. Overall, she finds crafting to be a soothing hobby, and an effective means of alleviating stress. She lives in San Diego with her husband, two eccentric cats, and far, far too many crafting supplies.

9:15 – 11:15 A.M. SATURDAY MORNING

■ **Meeting Your Muse: A Creative Writing Adventure, Bella Mahaya Carter '83** D H L R (f12) (2)

In this playshop, you'll be taken—via guided meditation—on an inner journey to meet your muse. Bella will then provide prompts to help you listen deeply to inner wisdom. Be prepared to slow down, receive insights, compose, and share (if you want). New and accomplished scribblers, storytellers, artists, seekers, healers, and dreamers are invited to join this supportive, creative voyage. Bring writing utensils, preferably a journal, or pad, or paper, and a pen.

Bella, an award-winning author of three books (poetry, memoir, and inspirational self-help), believes in the power of writing to heal and transform lives. In 2008, after earning a master's degree in spiritual psychology, she founded "Write Where You Are," an online writing circle for writers, artists, healers, and seekers. Since then, Bella has helped hundreds of writers connect with their muse. Visit her website:

www.BellaMahayaCarter.com or Instagram: @bellamahayacarter.



Camp Book Club:



LeeAnn Allen Hammett '12 H / R / 105

Join us to discuss *Crossed* by Namrata Patel. Short book description: A woman embarks on an unexpected journey into her past in an engrossing novel about identity, family, secrets, and rediscovering the need to belong. If you can, read the novel prior to the session. However, we welcome anyone who DNF'd (did not finish) or just wants to hear about the book! LeeAnn highly recommends utilizing your public library; if your library does not own a copy, check to see if you can request a purchase.

LeeAnn is an avid jigsaw puzzler, paper crafter, reader, and mother of 2 kiddos under 5. She's in way too many book clubs. Her favorite genres are romance and fantasy. Most notable reads from 2023: *Silver* by Mary Doria Russell, *Mirrored* by Becky Chambers, and *Be Still* by Kennedy Ryan. Check out her TBR and Recently Read on the StoryGraph app!



■ **Advice from a Manager: Interview Tips, Tricks, and Practice!** Lydia de Pillis-Lindheim Myers '13 B H L R



() (60)

How do you represent yourself and your strengths, accomplishments, and contributions? Come join this interactive workshop where we will dive into some tools and techniques to prepare for interviews, speak about yourself, and get some practice in a safe space!

Lydia is a Claremont native who lives locally in Southern California. She is a mother to two young boys and works as a Systems Engineer. She enjoys spending time outside in her garden and loves to travel!

1:15 – 2:45 P.M.

SATURDAY EARLY AFTERNOON

■ **Songwriting Workshop, Dottie Schlessor Ashley '77 D H L R**

Have you ever wanted to write a song? We will take an idea, poem, topic, thought, or feeling and develop a rhythm, melody, and chord pattern and make a song that we can all work on and share and maybe sing together. Great self expression and exploration of your feelings and no experience necessary! Bring a notepad, pen/pencil and paper — or you can write on your computer if you wish.

Singer/Songwriter Dottie invites you to enjoy her melodic, soulful and original music. Whether performing as a Duo, Trio or larger con guration, her band is classi ed as an “Americana” group. The vibe is Folk and Country, and Appaloosa which provides a soft and beautiful blend of sweet harmonies and enjoyable, easy-listening lyrics and beautiful guitar work. She is also known for her timely and evocative “socially conscious” songs, much in the vein of Pete Seeger, Woody Guthrie, John Prine and Bob Dylan.

Dottie is an entertaining story teller and has performed on stages at festivals throughout Central Oregon and venues in the Northwest, in restaurants, bars, co ee shops, breweries, farmers markets, as well as fundraisers and bene ts and private events. Her music is super family friendl, Pob Dnown fegonoong(t)6 (es daencing lsongwithn the)TJ0 -1.091 Td(ldsers a)4 (tmain)13 yrs

■ **Improv! A low stress introduction or review of improvisational theater techniques and games, Mary Alette Hinderlie Davis '73**



B H L R / (/ '18 /)

In this session we'll use improv games and exercises to loosen up minds, bodies and spirits and understand the principles of trust and support that lead to group creativity and the now famous 'yes... and...!'. Don't take this all too seriously (though it could change your life). Wear clothes that let you move.

Mary Alette is an actor, director, teacher, and writer in the theater in the Twin Cities (that's Minnesota). She began her love of improvisational theater at Scripps when it was an explosive art form to suit the '60s. She performed weekly in Karma Pi, in the Strut and Fret Black Box, which has been claimed now as offices in Balch. Among her notable companions in this risky business are other Scripps alumnae Ellen Schelly, Chris Cassidy, and Donna Daves plus Mary Alette's husband, actor Bob Davis, and never-to-be-forgotten Robin Williams. We all learned to sail together, and what fun! Mary Alette continues to teach IMPROVS in Minneapolis.

■ **Shuffle and Write, Mary Conroy Coman '77** D H L R /

There are any number of divination decks ranging from Tarot, to pictures of horses, to reflections on a spiritual explorer's work. This workshop will offer a number of decks to provide a chance to reflect and use an image or two to prompt written reflections and reactions. Bring writing materials, pen and paper at minimum.

Mary retired from a nearly 50-year career in health care that included 28 years as a PICU RN at UCLA.

(She's still jumpy around foreign elialse222e tharetired frn eliw8izrits anahearwound fiu6.1 (eacFn1c Br)-4 (iw8izr)10

- 6:00 P.M.

SATURDAY

Afternoon Meditation B

...t time before supper to meditate
...your whole self!

6:00 - 7:30 P.M.

- 8:00



